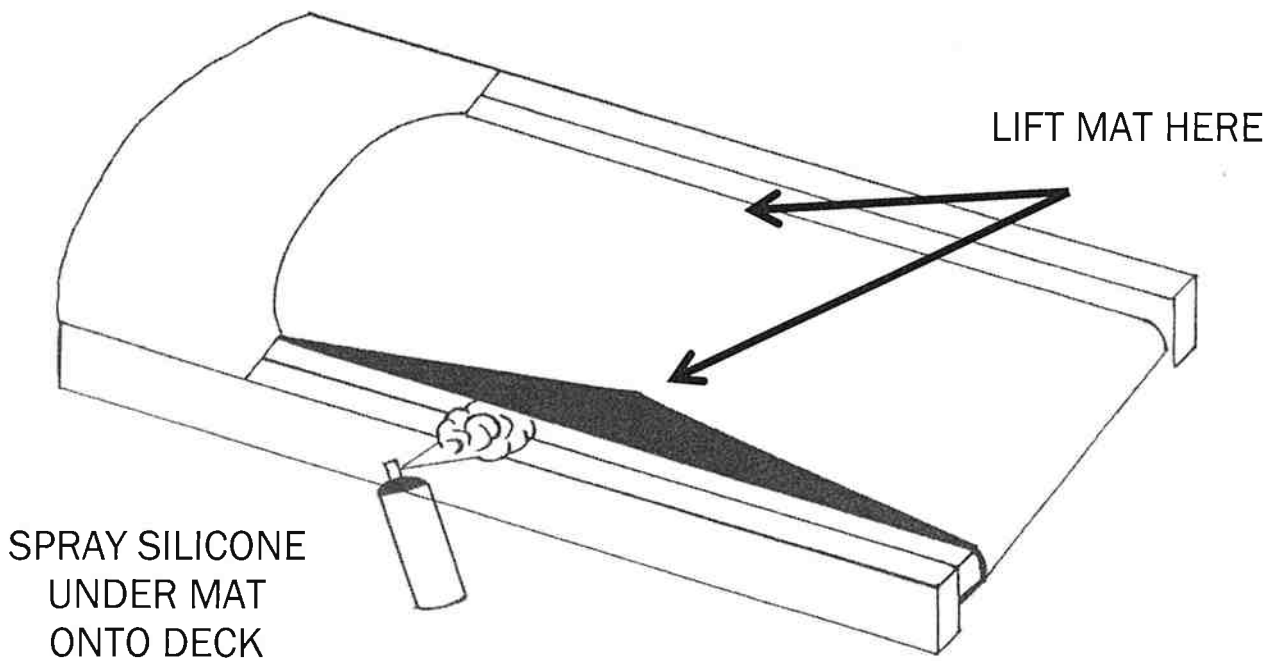


## **ATTENTION!**

TREADMILL MUST BE LUBRICATED ONCE EVERY 100 HOURS OF USE TO MAINTAIN OPERATION.

TO LUBRICATE, LIFT MAT AND SPRAY SILICONE ONTO THE RUNNING DECK, ENSURING SILICONE REACHES THE CENTRELINE OF THE DECK, ALL AROUND IMPACT OR FOOTFALL AREA. THE ENTIRE WIDTH OF THE DECK MUST BE COVERED



SILICONE & ONLY SILICONE MUST BE USED AS LUBRICANT. WD40 & OILS ARE NOT SUITABLE. SILICONE MAY BE PURCHASED FROM HARDWARES, AUTO STORES OR YOUR DEALER.

IF YOU ARE UNSURE ABOUT LUBRICATION PROCEDURE, CONTACT YOUR LOCAL DEALER.

**WARNING! TREADMILLS NOT MAINTAINED WITH SILICON ARE NOT COVERED BY WARRANTY**

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*Congratulations on the purchase of your new motorized treadmill. To help ensure the enjoyable and trouble-free operation of your new treadmill, we strongly suggest you read this manual carefully and follow its recommendations.*

■ <i>Important Safety Instruction.....</i>	<i>1</i>
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# IMPORTANT SAFETY INSTRUCTIONS

## **DANGER** - To reduce the risk of electric shock

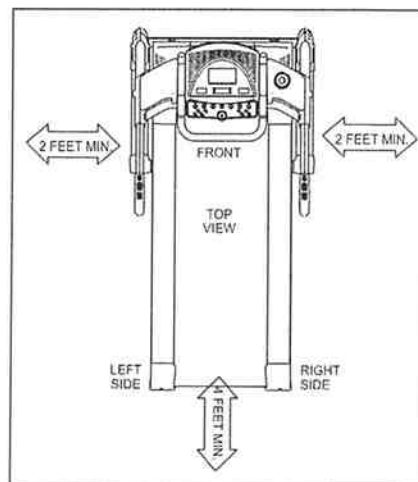
Always unplug this appliance from the electrical outlet immediately after using and before cleaning.

- ◆ Use this appliance only for its intended uses as described in this manual. Do not use attachment not recommended by the manufacturer.
- ◆ To disconnect, turn all controls to the off position, then remove plug from outlet.
- ◆ Connect this appliance to properly grounded outlet only. See Grounding Instructions.
- ◆ The appliance is intended for household use.
- ◆ When you are not going to use your treadmill, or when finishing, please remove the safety key from the console then always position the safety key where the children can not take.
- ◆ Do not use outdoors.
- ◆ Always unplug the treadmill from the electrical outlet immediately after using and before cleaning, assembling or servicing.
- ◆ Never leave the treadmill unattended when plugged in. Disconnect by turning off the master power switch and unplugging from outlet.
- ◆ Never operate this treadmill if it has a damaged cord or plug, is not working properly, if it has been dropped or damaged or if it has been exposed to water.
- ◆ Do not operate where aerosol products are being used or where oxygen is being administered.
- ◆ Don't pull the treadmill by its power cord or use the cord as a handle.
- ◆ Keep close supervision if this treadmill is used by, or near children, persons with disabilities or pets.
- ◆ Keep dry. Do not operate this treadmill in wet or moist conditions.
- ◆ Never insert any object into any opening.
- ◆ Before using the treadmill, always warm up your muscles to prevent the exercise injury.

- ◆ Please unplug the electrical cord from the electrical outlet, and always prevent the children from danger because of careless touching
- ◆ Keep electric cord away from heated surfaces.
- ◆ Keep hands clear of all moving parts. Never place hands or feet under the treadmill.
- ◆ Before each use, check that the running belt is aligned and centered on the treadmill bed and all visible fasteners on the treadmill are sufficiently tightened and secure.
- ◆ Keep the treadmill on a solid, level surface with sides at least two feet from any walls. Be sure the area around the treadmill remains clear during use and has adequate clearance.

### **NOTE:**

Failure to follow these instructions may lead to personal injury and cause damage to the treadmill. To reduce the risk of burns, fire, electric shock, please keep the following in mind:



# ELECTRICAL GROUNDING INSTRUCTIONS

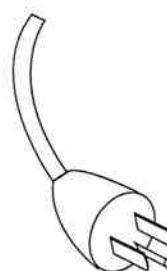
This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current to reduce the risk of electric shock. This treadmill is equipped with a cord having equipment grounding connector and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

## **! Danger**

Improper connection of the treadmill grounding connector can result in the risk of electric shock. Check with a qualified electrician, if you are in doubt as to whether the product is properly grounded. Don't modify the plug provided with the treadmill. If it won't fit your outlet, have a properly grounded outlet installed by a qualified electrician

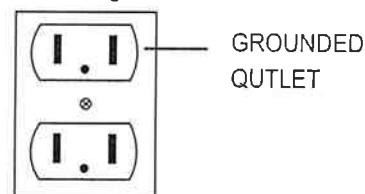
## **! Warning**

Never use extension cords between the treadmill and wall outlet.



GROUNDING  
PIN

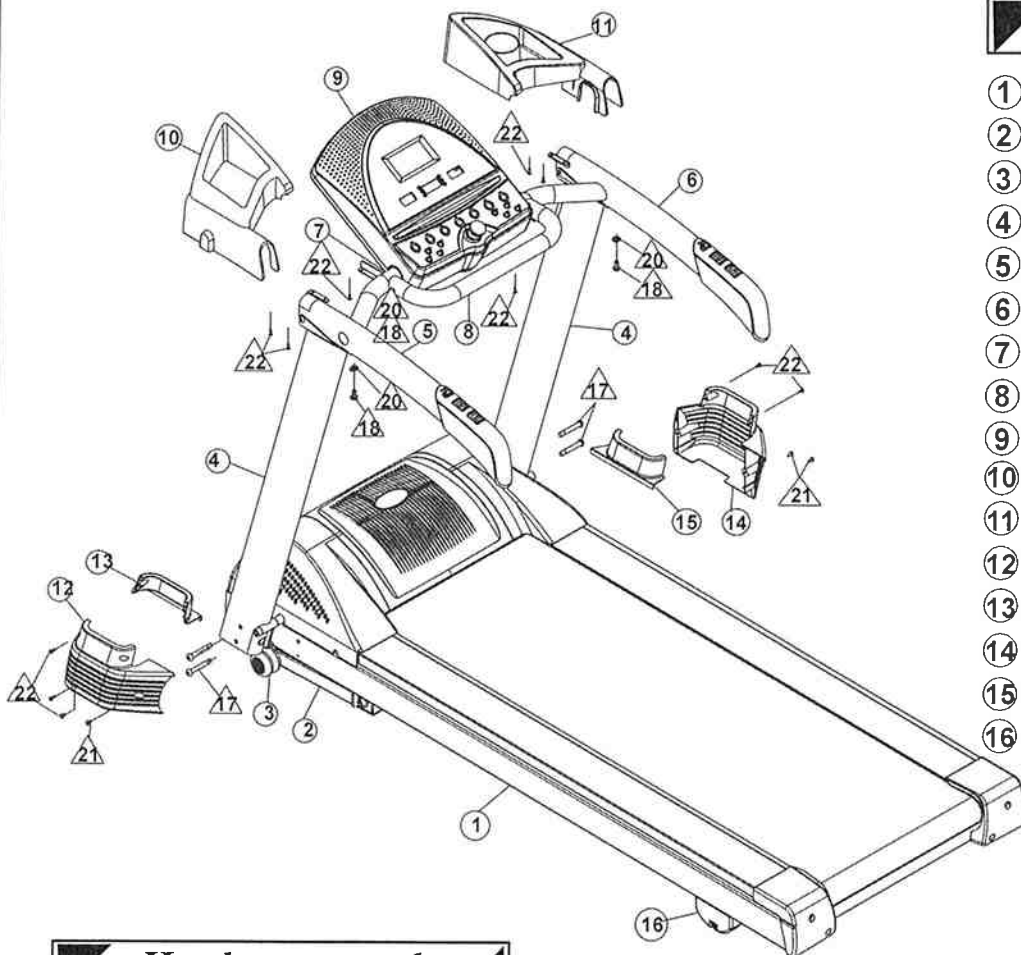
Figure  
Grounding methods



# MX900/MX950 ASSEMBLY INSTRUCTION

Since your treadmill is a heavy piece of equipment, we recommend that after taking off the top portion of the box, you slit the corners of the lower carton and fold down the sides. This will eliminate the need for you to pick up the treadmill over the sides of the box.

Prior to starting the assembly process take all of the parts out of the box, remove all plastic bags, and lay them out on the floor to become familiar with the components. Make sure that you remove all parts packaged underneath the treadmill. You may need to slightly pick up the back of the treadmill to get better access to the parts on the bottom. You will notice that the treadmill is completely assembled except for the handlebars and the display window.








## Parts







- ① Frame
- ② Base frame
- ③ Wheel
- ④ Support Handle
- ⑤ Handlebar(Left)
- ⑥ Handlebar(Right)
- ⑦ Console Bracket
- ⑧ Handle Rail
- ⑨ Console
- ⑩ Left Rack
- ⑪ Right Rack
- ⑫ Frame cover-Left
- ⑬ Frame cover-Left
- ⑭ Frame cover-Right
- ⑮ Frame cover-Right
- ⑯ Rear feet

## Hardware \ tool

### Screws Already in Place on the Treadmill

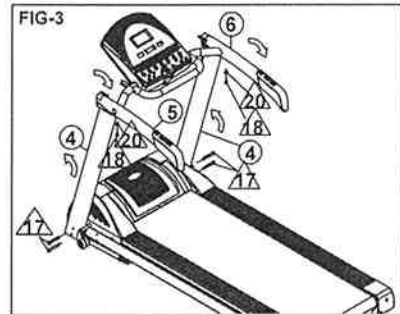
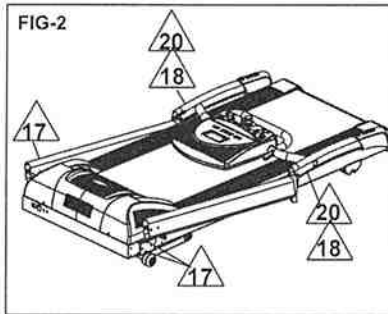
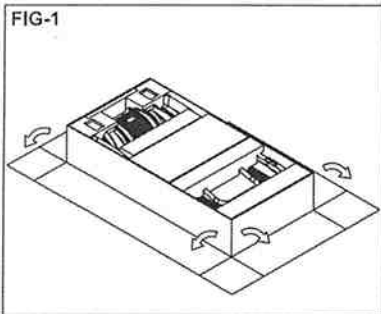
M8*20L(6PCS)  ⑱ screws	M8*15L(4PCS)  ⑲ screws	M8(10PCS)  ⑳ washer	W1/4"*1/2"L(4PCS)  ㉑ screws	M4*10L(10PCS)  ㉒ screws
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### Tool or Screws in the Plastic Bag

M10*55L(4PCS)  ⑰ screws	(1PCS)  ㉓ T Handle Wrench	(1PCS)  ㉔ Coupler	(1PCS)  ㉕ PH2 Bit	(1PCS)  ㉖ Hex 5mm Bit	(1PCS)  ㉗ Hex 6mm Bit
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# MX900/MX950 ASSEMBLY INSTRUCTION

## Step 1: Base frame and support handles assembly

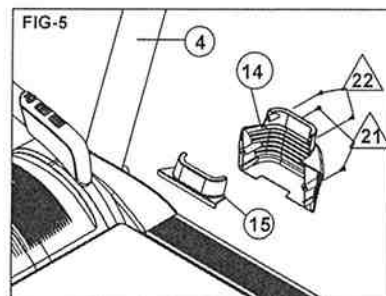
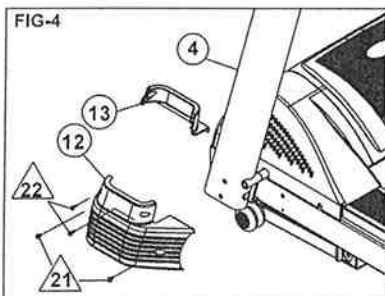


1. Flat the shipping box and take out packing material, Styrofoam, parts, screw bag and manual etc. from shipper box.
2. Remove screws 17 on right/left sides of frame. Remove screws 18, 20 on right/left handlebars.
3. Upright support handle 4 and handlebars 5, 6. Attach 4 pcs of screws 17 on right/left support handle.

### Warning:

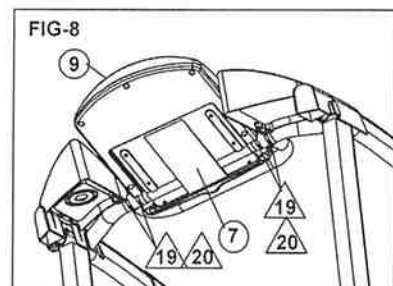
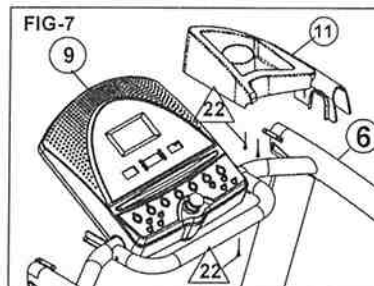
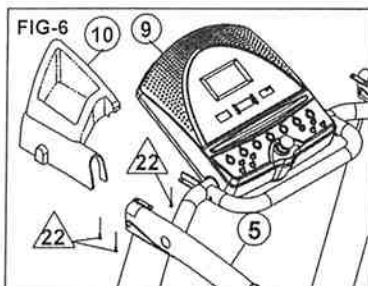
1. Please hold the treadmill well during above process to avoid treadmill tilt and be careful for safety to be away from getting hurt.
2. Be careful not to pinch the cables/harness inside of support handle and handlebar.

## Step 2: Racks assembly



1. Remove 2 pcs of screws 22 from left frame cover 13. Attach left frame covers 12, 13 on frame and tighten the 2 pcs of screw 21 and 2 pcs of screw 22. (FIG 4)
2. Remove 2 pcs of screw 14 from right frame cover 15. Attach right frame covers 14, 15 on frame and tighten the 2 pcs of screw 14 and 2 pcs of screw 22. (FIG 5)

## Step 3: Complete assembly



1. Remove 3 pcs of screws 22 from handlebar. Attach left rack on handlebar and tighten with 3 pcs of screws 22. (FIG 6)
2. Remove 3 pcs of screws 22 from handlebar. Attach right rack on handlebar and tighten with 3 pcs of screws 22. (FIG 7)
3. Rotate console tube to have console on proper position. Tighten screws 19, 20 to fix console. (FIG 8)

# MX950 CONSOLE OPERATION

## Buttons and Windows

### Incline up:

This will select program/level in setting mode before starting.  
This will increase the elevation in 1 increment.

### Incline down:

This will select program/level in setting mode before starting.  
This will decrease the elevation in 1 increment.

### SPEED up:

This will select program/level in setting mode before starting.  
This will increase the speed in 0.1 km/h or 0.1 mph

### SPEED down:

This will select program/level in setting mode before starting.  
This will decrease the speed in 0.1 km/h or 0.1 mph

### ENTER:

This will set-up each program. into every step.

### START/STOP:

This will start the treadmill and this will stop the treadmill. There will also be an emergency stop switch. (Safety Key)

### MODE:

This will accept programs/level selection. And this will switch display data on data window during exercise.

### Quick keys for speed /incline:

Quick keys for incline: 4,6,8,10

Quick keys for speed: 4,6,8,10(km/hr)

*If the light under each button is flashing, it means to use that button for next setup process.*

There are 4 LED windows and 16 Alpha numeric display.

### Handlebar toggle for incline and speed adjustment

1. Left: for incline adjustment. Increase or decrease by 1 every time.
2. Right: for speed adjustment. Increase or decrease by 0.1 km/hr every time.

